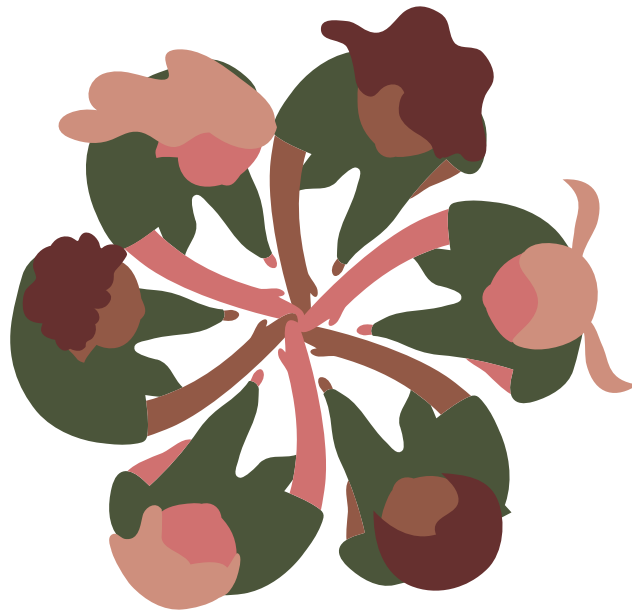


BUMP & BEBE



Antenatal care / Childbirth within the Dandenong Ranges

Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH

IN COLLABORATION WITH MUMS OF THE HILLS

HOSPITALS SERVICING DANDENONG RANGES

Public Hospital

William Angliss Hospital

Address: 39 Albert St,
Upper Ferntree Gully VIC
Hours: Open 24 hours
Phone: 1300 342 255

Services Include

Physiotherapy - Continence and Women's Health
Mother and Baby Program
Lactation Support Unit
Midwife Group Practise
Maternity Services -
Waterbirth facilities

Box Hill Hospital

Address: 39 Albert St,
Upper Ferntree Gully VIC
Hours: Open 24 hours
Phone: 1300 342 255

Services Include

Emergency care
General and specialist medicine
Mental health services for children , Adolescents and adults
Maternity services

Private Hospital

Eastern Hospital

Address: 25 Market St,
Lilydale VIC VIC
Hours: Open 24 hours
Phone: (03) 9091 8888

Services

Physiotherapy - Continence and Women's Health
Mother and Baby Program
Lactation Support Unit

St John of God Berwick Hospital

Address: 75 Kangan Dr, Berwick
Hours: Open 24 hours
Phone: (03) 8784 5000

Services Include:

Physiotherapy - Continence and Women's Health
Mother and Baby Program
Lactation Support Unit
-Birthing pool available, Fit balls, dimmable lighting

Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH

IN COLLABORATION WITH MUMS OF THE HILLS

Midwifery Models

Private Midwifery

Yarra Valley Midwives

yarravalleymidwives.com.au
0448 866 655
0410 692 929
1 McGrettons Road, Healesville

Homebirth and Hospital birth
support
Pre and Postnatal care

Mamatoto Midwives

mamatotomidwives.com.au
admin@mamatotomidwives.com.au
0419 253 778

Homebirth and Hospital birth
support
Pre and Postnatal care
Calmbirth

Midwife Group Practise

William Angliss Hospital & Box Hill Hospital

easternhealth.org.au/site/item
/138-midwife-care
1300 521 319

Hospital birth support
Pre and Postnatal care

Post Partum Councillng

Sarah Dubsy
Midwife and Counselor
sarahdubsky.com
admin@sarahdubsky.com



Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH
IN COLLABORATION WITH MUMS OF THE HILLS

Doulas

Servicing the Dandenong Ranges

breedownes.com.au
Bree Downes
0412 504 326
(also a birth photographer)

~

graceandivy.com.au
Jenine
0435 606 662
hello@graceandivy.com.au

~

connectedjourney.com.au
Melissa Russell
0418 995 696
Berwick

~

Alison Evans
bearwithme.com.au

~

sacredbirth.com.au
Steffi Arvanitakis
0418 312 920

themelbournedoula.com.au
Michelle Wise
0433 527 091

~

nurturinglife.com.au
April Wood
0420 371 978
april@nurturinglife.com.au

~

doulasofmelbourne.com.au
Jennifer McCartin
Servicing beyond the ranges

~

TLC Birth & Beyond
tlcbirthandbeyond.com.au/doula.html
Melanie Cane - Pre and postnatal Support
M: 0419 517 636



Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH
IN COLLABORATION WITH MUMS OF THE HILLS

Lactation Consultants

graceandivy.com.au

Jenine

Dandenong Ranges

0435 606 662

hello@graceandivy.com.au

~

TLC Birth & Beyond

tlcbirthandbeyond.com.au/doula.html

Melanie Cane - Pre and postnatal Support

E: melanie@tlcbirthandbeyond.com.au

M: 0419 517 636

~

Leonie Maybury

20 longwood close, Rowville

P: 0417315957

E: easternlactationservices@gmail.com

~

Natasha Allen-Hallyburton,

Lactation Consultant (IBCLC)

24 Medway Crescent, Boronia, VIC

P: 0431511566

E: natasha@natashaibclc.com

W: <https://natashaibclc.wordpress.com>

~

4th Trimester & Beyond

Robyn Fitzgerald

293 Dorset Rd, Croydon

P: 0438975944

E: robyn@4thtrimestrandbeyond.com.au



Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH

IN COLLABORATION WITH MUMS OF THE HILLS

Complementary Therapists

Physiotherapists

Dandenong Ranges Physio - Clinical
Pilates & Exercise Studio
Olinda
(03) 9751 0400

Form & Practise (2 x Studios)
formandpractice.com.au
Olinda & Mount Evelyn
(03) 9751 0400

Bowen Therapy

Lizette Bell
facebook.com/livingwholeheartedly1/
0412 060 686
Upwey

Jenna Elizabeth
(also massage & pregnancy care)
naturalwellness.net.au
0431 395 274
hello@naturalwellness.net.au
Monbulk

Creative Occupational Therapy

tigerintheteapot.com.au
Libby Maitland
Level 1, 1288 Burwood Hwy
Upper Ferntree Gully

Childbirth Education / Hypnobirthing

Angelina Morino
0438 076 174
hello@thehausofhealth.com
www.thehausofhealth.com

Yoga

little-village.com.au
Lee Copeland
0452 348 108
Online & Monbulk

tigerintheteapot.com.au
Libby Maitland
Level 1, 1288 Burwood Hwy
Upper Ferntree Gully

Massage

Charlotte Ingram
charlotteingram.com.au
0438 575 831

Steffi Arvanitakis
0418 312 920
sacredbirth.com.au

Positive Thai Massage
Gina
(Providing Pregnancy Massage)
Belgrave
0419 871 894

Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH
IN COLLABORATION WITH MUMS OF THE HILLS

Complementary Therapists

Chiropractor

Balanced Life Healthcare
blhc.com.au
(03) 8719 7373
Ferntree Gully

Evolving Chiropractic
(03) 9736 3322
evolvingchiropractic.com.au
Mount Evelyn

Naturopath

little-village.com.au
Lee Copeland
0452 348 108
Online & Monbulk

charlotteingram.com.au
Charlotte Ingram
0438 575 831
Belgrave

naturopathywithlexie.com
Naturopathy with Lexie
0403 862 860
Sassafrass

Acupuncture

Claire Jennings
0410 469 675
Ferny Creek

reverencestory.com
Amy O'Brien
(Also TCM)
amy@reverencestory.com

Zen Health
zenhealth-olinda.com.au
(03) 9751 2160
Olinda

Kim Coutts
@kimcouttsacupuncture

nurturinglife.com.au
April Wood
0420 371 978
april@nurturinglife.com.au

Balanced Life Healthcare
blhc.com.au
(Also TCM, Myotherapy)
(03) 8719 7373
Ferntree Gully

Prepared by

ANGELINA MORINO @THEHAUSOFHEALTH

IN COLLABORATION WITH MUMS OF THE HILLS